

FRIDAY, MARCH 11, 2022

MASKS ARE REQUIRED IN ALL AREAS OF THE BUILDING
THEY MUST BE WORN COVERING MOUTH AND NOSE PLEASE

#### **CAFETERIA CUSTOMER GUIDELINES**

- 1. Masks are mandatory
- 2. Use hand sanitizer before entering
- 3. Have your payment ready (tap preferred)
- 4. No touching items that you are not going to buy
- 5. Only those buying permitted to enter the line up

## **RAPID TEST**

If you haven't received your rapid test, please come to the office to get it as soon as possible







#### 8:15-9:45 am Breakfast

Assorted Baked Goods and Breakfast Sandwiches

Lunch- 11:00am - 12:45pm

#### Turkey Noodle Soup \$2.00/\$3.00/\$5.00

Chicken Burger \$5.00
Clubhouse on Ciabatta \$6.00
Chipotle Ranch Chicken Wrap \$5.00
Grilled Cheese Sandwich - \$5.00
Poutine \$6.00
Chicken Strip & Fries \$6.50

# **ALL STUDENTS**

## SPRING BREAK SPIRIT WEEK MARCH 7-11

Monday - PJ Day

Tuesday - Tourist Day and Free Lemonade before school in the foyer.

Wednesday - Western Day

Thursday - St Patrick's Day (wear green) and Find the Pot of Gold (all day)

Friday - Grade Colour Day, 12- red, 11-blue, 10-white, 9-black

### TriCities Female Ice Hockey Association NEEDS VOLUNTEERS THIS WEEKEND!

We are having a tournament this weekend and are in **desperate need of volunteers.** To look at where we need volunteers and for what duties please see this link: <a href="https://signup.com/go/MYggbAo">https://signup.com/go/MYggbAo</a>

Please note that there will be an adult supervisor for all shifts. TCFIHA will also sign any documentation required for their volunteer hours.

### **CAPILANO ESPORTS**

CapU is hosting its first ever esports tournament, The Capilano Cup, on April 16, 2022! The chosen battlefield is League of Legends! This epic online event is for students in Grades 8-12 and free to enter.

Your matches may be streamed with commentary for a live audience! Check out our Linktree page and REGISTER NOW!

## The MyEd Portal has NOW CLOSED as the deadline to input classes has passed (March 1st).

If you have not input your courses, you MUST hand in a PDF of your course selection sheet ASAP to your counsellor to be registered for courses for the 2022-2023 school year. Delaying handing in your course selection sheet will mean less chance of getting courses that you need or want for next year.

Failure to hand in your course selection sheet will mean that you will not have any courses scheduled for next year. If you HAVE already input your courses but have NOT handed in a PDF to your counsellor, you MUST also do this ASAP.

### FORKLIFT TRAINING OVER SPRING BREAK (March 24th)

If you are at least 15 years old and interested in getting your **Forklift training certification** over Spring Break, please visit the "**43Careers.com** > **Certificates**" website <a href="https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=">https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=</a> to complete the sign-up survey. Spaces are limited. If you need more information, please contact Doug MacLean at 604-341-8977.

## **ATTENTION STUDENTS CURRENTLY IN GRADE 9, 10 AND 11:**

Applications are now open for next year's <u>Jr. and Sr. Environmental Studies Academies</u>. You can find them:

- 1) On the Centennial Website
- 2) On our Instagram @cent.es
- 3) Using the QR code below



Applications close March 11th at 3:00pm

# **GRADE 12'S**



Visit the online Centennial Career Centre Page <u>HERE</u>



# PACIFIC LEADER'S SCHOLARSHIPS FOR CHILDREN OF PUBLIC SERVANTS\*NEW\*

<u>Pacific Leaders scholarships for children of public servants - Province of British Columbia (gov.bc.ca)</u> 60 Awards of \$2,500. Minimum "B" average grades 10-12 and other criteria. Apply by May 13th, 2022.

### LOCAL SCHOLARSHIP PACKAGE\*NEW\*



## JAYMIE LYNN ROBERTSON 2022 MEMORIAL BURSARY (EPILEPSY AND SEIZURE EDUCATION

3 X \$1,000 available. This is award will not be granted based on academic achievement, but the recipient must demonstrate financial need and submit a 300-word essay on how epilepsy has impacted his or her life. Due March 31/2002 Details HERE

## **GRACE FAMILY NETWORK SCHOLARSHIP ESSAY**

3 X \$500 awards for 2022. Visit the career website or <a href="www.gfnf.org">www.gfnf.org</a>. Preference will be given to graduating students pursuing post-secondary who have financial need. "WHAT ARE YOUR IDEAS TO REDUCE SYSTEMIC BIAS AND INEQUITY IN SOCIETY?" (500 words) Deadline May 31st, 2022

### **BCSTA CITIZENSHIP AWARDS**

The British Columbia School Trustees Association - BCSTA will once again be awarding **three** graduating B.C. public school students who have shown exemplary citizenship in their school and community with scholarships worth **\$500** each. VISIT THE CAREER CENTRE/FINANCE

#### **SD43 MARCH TRADES NEWSLETTER IS NOW AVAILABLE**

https://www.sd43.bc.ca/CareerPrograms/Pages/default.aspx#/=

## MARCH SCHOLARSHIP DEADLINES

Details on the career centre page

REMAX QUEST FOR EXCELLENCE	GIRL GUIDES OF CANADA	TREVOR LINDEN COMMUNITY SPIRIT
UGGLA FAMILY SCHOLARS (SFU)	CAPILANO U ENTRANCE	FUTURE ACES
IBABC (Insurance industry member)		BCSSA
EAGLE RIDGE AUXILIARY	BC HYDRO PIONEERS	BCIT PATHWAYS (Apr 1 <sup>st</sup> )

# **SPORTS**

### **SENIOR GIRLS SOCCER\*NEW\***

Another dominating preseason win yesterday, 8-0 vs Bby North. Sarah Caravatta scored 4, Kiera Scott netted 2 + 2 assists, with singles to Dani Coss & Madison Harder. Hannah Scott & Katrina Robinson shared the shutout. An encouraging start to the season with the real work beginning after the break.



#### JUNIOR GIRLS SOCCER\*NEW\*

Meeting Today @ 3:15 in B222 - for jerseys, forms, and information! This will be a short meeting, see you there!

## **BOYS RUGBY\*NEW\***

All current players and new recruits are encouraged to attend practices Monday March 28 – Thursday March 31 at the Oval 3:30 – 4:45 pm to ensure we are prepared to start the spring season of 7's rugby. The Centennial Boys Rugby team yearbook photo has also been moved to the week after Spring Break. Please contact Mr. Oriel (PE Office) or Coach Tonks for more information or if you will be unable to attend the practices. Enjoy Spring Break!

## **TRACK AND FIELD**

Anyone that is interested in being part of the Track and Field team, please scan the code below and complete the form to get more information. First practice will be after the break – more information to follow! GO CENTAURS!



## **BADMINTON TEAMS**

Final team results are posted outside of room B122 and E124. Please see Ms. Illing in B122 for forms!! First practice after spring break will be on Monday in the gym from 3:30 to 5pm.

## **CENTENNIAL TENNIS TEAM**

If you are interested in being a part of Centennial's tennis team, there is a sign-up sheet in the gym foyer. We will be holding try outs the first week back from spring break so make sure to check the Centennial today for updates!